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## Happy Fall, T-Birds!

As the leaves begin to turn and the autumn air sets in, we hope you're settling into the new season and enjoying a great start to the quarter. Whether you're diving into new classes, research, or campus activities, we're wishing you continued success and balance in all that you do.

## Center Hours

**Monday: 8 AM – 4 PM**

**Tuesday to Thursday: 8 AM – 5 PM**

**Friday: 8 AM – 2 PM**

## Educational Forum



**Fun Fact:** The first arrival of Filipinos in America occurred in 1587, when Filipino sailors reached Morro Bay, California. Departing from Manila on July 12 of that year, they arrived on October 18.

- Central Coast Asian American History

October marks Filipino American History Month (FAHM)—a time to honor the deep and enduring contributions of Filipino Americans to U.S. history and culture. Since 1992, the Filipino American National Historical Society (FANHS) has led the effort to celebrate this month nationwide. In 2009, FAHM was officially recognized by the U.S. Congress, and in 2015, President Obama hosted the first FAHM celebration at the White House.

This year, we are proud to share the official theme for FAHM 2025:

"From Quotas to Communities: Filipino American Migration and Movement".

Learn more: [Filipino American History Month 2025 — FANHS National Website](#)

## Contact Us!

[CLS@highline.edu](mailto:CLS@highline.edu)

[CCIE@highline.edu](mailto:CCIE@highline.edu)

**Join Our Center Mailing  
List: [Center Listserv Sign](#)**

## Stay Connected!

IG: [@clshighline](#) & [@cciehighline](#)

TikTok: [@thecenterhighline](#)



## Why is Hispanic Heritage Month so Important?

Hispanic Heritage Month offers a meaningful opportunity to highlight the rich histories, experiences, and accomplishments of Hispanic and Latino Americans. From the American Revolution to the present day, Latinas and Latinos have played a crucial role in shaping the United States and strengthening its democracy.

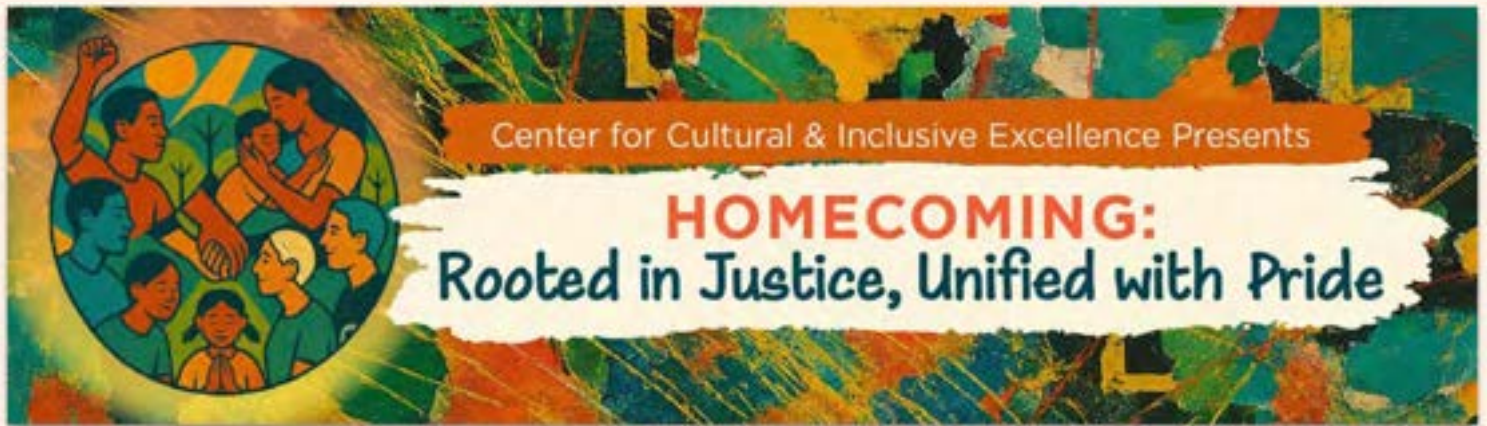
This month also serves as a reminder of the power of representation. Across fields such as business, activism, the arts, public service, and the military, Hispanic and Latino individuals continue to lead, advocate, and inspire. By celebrating their stories and honoring their impact, we not only recognize their contributions but also encourage future generations and foster unity across communities.

- [National Museum of the American Latino](#)



Digital Artwork by Rafael López, 2021.

## Upcoming Center Events & Programs



### Center for Cultural & Inclusive Excellence: [Fall Series 2025](#)

**Neurodivergent Belonging: Finding Your Shape (Pt.1) & Neurodivergent Belonging: Connecting with Other Shapes (Pt. 2)**

**Speaker:** Marie Loeb, MSW, LICSW, LMHC, CMHS, DMHS

October 7, 2025 | 1 - 3 PM | Building 8 – 1st Floor | **RSVP Here:** <https://forms.gle/4jkufsBJmPtWnkfa8>

**Neurodivergent Belonging: Finding Your Shape (Pt.1):** In this workshop, students will learn basic understanding of neurodiversity generally, and about themselves specifically, through completing a series of prompts and exercises to understand themselves and their needs. Students can expect to learn about their sensory needs, unique ways that their brains work, how their nervous systems respond to stimuli, and how they would like to be supported by others. Students may work on the prompts alone, with others, or take them to work on after the workshop.

**Neurodivergent Belonging: Connecting with Other Shapes (Pt. 2):** In this workshop, students will learn about beginning, building, and maintaining friendships in their own unique ways through a combination of instruction and exercise. Students can expect to learn about starting conversations without a reliance on neurotypical constructs such as small talk, “keeping things light,” and inauthenticity. Students may work on the prompts alone, with others, or take them to work on after the workshop.



## Informed & Empowered: A Discussion about Politics & Media Literacy

**Speakers:** Leona Oliveros & Dra. Maribel Jimenez

October 14, 2025 | 2 - 3:30 PM | Building 2

If you ever catch yourself doomscrolling online, it can feel like there is a breaking news story happening every minute of the day. Media and politics are intertwined and a part of our daily lives. Let's learn how to be mindful of the information and content we consume. Join us for a workshop focused on curating a mindful social media algorithm, identifying news bias, and staying informed and empowered about what's happening around the world.

### Homecoming: Connect & Thrive

November 19, 2025 | 1 - 4 PM | Building 8: Mt. Townsend

More Information To Come!



**Informed & Empowered:**  
A Discussion about Politics & Media Literacy

Join us for a workshop focused on curating a mindful social media algorithm, identifying news bias, and staying informed and empowered about what's happening around the world. Learn how to be mindful of the information and content you consume.

**Tuesday, October 14**  
**2:00-3:30 pm | Building 2**

If you require accommodations due to a disability, please contact Access Services at (206) 592-3857 (voice) or by email at [access@highline.edu](mailto:access@highline.edu). Advance notice is necessary to arrange for some accessibility needs.



**Center for Cultural & Inclusive Excellence**  
**SERVICE & MENTORSHIP ENGAGEMENT CONSULTANTS INVITES YOU TO**  
**Highline Forest Clean-Up 2025**

We are inviting Highline College students to participate in a cleanup of the Highline College forest!

**Date/Time:**  
October 15th  
10am - 12pm

**Location:**  
Highline College  
Forest Trail

**Sign up!**

**For questions contact [same@highline.edu](mailto:same@highline.edu)**

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## Highline Forest Clean-Up 2025

October 15, 2025 | 10 AM – 12 PM Highline College Forest Trail

### Interested? [Volunteer Sign Up](#)

Want to give back to the community and make a difference right here at Highline? Join us for a morning of service on the Highline Forest Trail. Together, we'll help restore the environment while enjoying the outdoors (and yes snacks are included!).

**When:** Wednesday, October 15 | 10:00 AM–12:00 PM

**Where:** Meet at Building 8, Bistro Entrance

**Bring:** Closed-toed shoes and dress in layers

**Questions?** Contact us at [same@highline.edu](mailto:same@highline.edu)



## Want to be a Peer Mentor?

### Peer Mentors Wanted!

Are you a student leader who wants to make an impact? We're looking for dedicated students to serve as Peer Mentors and support new Highline College students as they begin their journey.

**Application Deadline:** October 26, 2025

Sign-Up Here: [Peer Mentorship Application Form](#)

Questions? Contact [same@highline.edu](mailto:same@highline.edu).

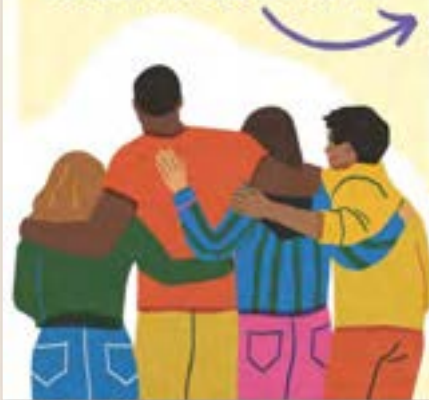


## WANT TO BE A PEER MENTOR?

Center for Cultural Inclusive Excellence presents you a Peer Mentorship Program connecting students who are seeking guidance and support from engaged student leaders!

**BE A FRIEND, BE A LEADER, BE A MENTOR.**

**SCAN THE QR  
CODE TO SIGN UP!**



**PAID STIPEND!**

APPLICATION DEADLINE:  
OCTOBER 26TH

Questions? Contact us!  
[same@highline.edu](mailto:same@highline.edu)  
(206) 592-3901

**Your money, your campus,  
your voice! Apply to the S&A  
Budget Committee and  
represent student voices and  
interests to help shape a fair  
and inclusive campus  
experience at Highline.**

**Apply Deadline:** November 7

[S&A Budget Committee Application](#)

# S&A

APPLICATION DEADLINE  
NOVEMBER 7<sup>TH</sup>, 2025

**SERVICES & ACTIVITIES BUDGET  
COMMITTEE WANTS YOU!**

APPLY TO REPRESENT STUDENT VOICES & SHAPE  
STUDENT LIFE PROGRAMS AT HIGHLINE COLLEGE!

### ELIGIBILITY

- BE ENROLLED IN  
AT LEAST 6  
CREDITS
- MAINTAIN A GPA  
OF AT LEAST 2.5

**STIPEND  
\$400  
PER QUARTER**



**APPLY HERE**



## Associated Students of Highline College (ASHC)

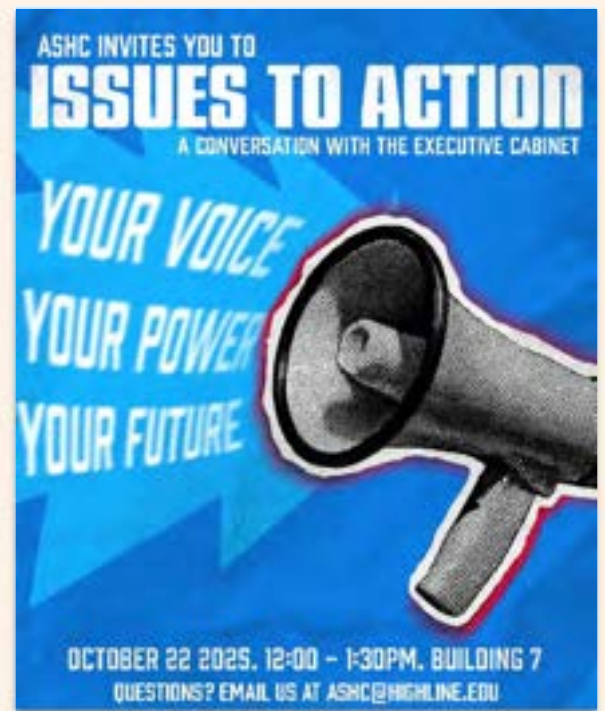
**Council Meetings:** 10/15, 10/29, 11/12,  
11/26, & 12/10

**Upcoming Program:**

**Issues Into Action: A Conversation With  
The Executive Cabinet**

October 22, 2025 | 12 - 1:30 PM | Building 7

**Questions?** Contact [ashc@highline.edu](mailto:ashc@highline.edu)



## Q Center

**Fall Hours:**

Tuesdays to Thursdays: 11 AM - 1 PM

**Programs:**

**Q Games occurs 1st & 3rd Wednesday of the  
Month**

**Q Reads occurs 3rd Wednesday of the Month**

**More Information on Q Boutique to come!**

**Questions?** Contact [qcenter@highline.edu](mailto:qcenter@highline.edu)



**Join Our Center Mailing List: [Center Listserv Sign Up](#)**

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